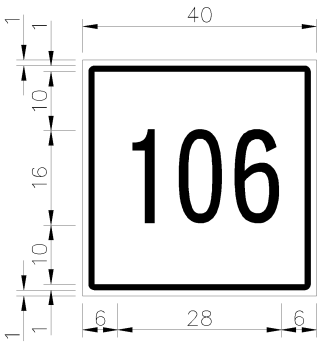指3