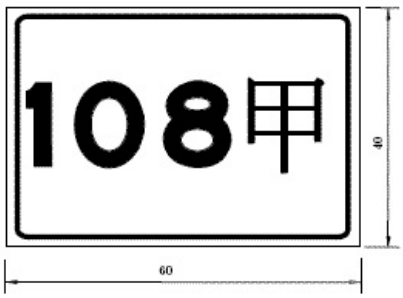指3.1