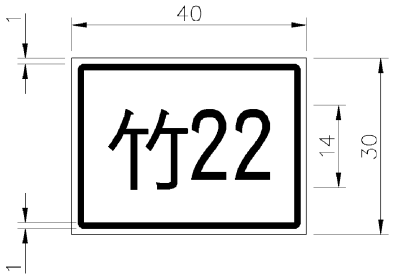指4